

## Benefits Information

### **Health and Benefits General Information**

<https://www.maine.gov/bhr/oe/home>

207-624-7380

### **Dental Insurance**

Open enrollment – annually in May for July 1 effective date

Northeast Delta Dental

[www.nedelta.com](http://www.nedelta.com)

1-800-832-5700

### **Health**

Open enrollment – annually in May for July 1 effective date

Anthem Blue Cross Blue Shield

<https://www.anthem.com>

1-844-273-4614

### **Retirement/Life Insurance**

Maine Public Employee Retirement System (MainePERS)

[www.maineopers.org](http://www.maineopers.org)

207-512-3100

### **Vision**

Open enrollment – annually in May for July 1 effective date

<https://www.anthem.com>

1-866-723-0515

**AFLAC/Flexible Spending Account/Dependent**

Steve Gilbert – account set up representative

segme@maine.rr.com

207-838-7631

Health Equity – account management company

<https://www.healthequity.com/>

1-866-346-5800